



# Happiness



**Suggested Music:** "Happy" **Artist:** Pharrell Williams (from Despicable Me 2 - available on iTunes)  
**Choreographer:** Colleen Archer, Charters Towers, Queensland, Australia  
**Intro:** 4 counts, start on 5<sup>th</sup> beat **SP.** Weight on L **Date:** 14<sup>th</sup> January, 2014 "For...Jesse"  
**Track time:** 3.53 mins, 64 count, 4 wall, Easy Intermediate level **BPM:** 160  
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## ACROSS, HEEL, SIDE, HEEL, BEHIND, SIDE, ACROSS, HOLD

1, 2 Touch R toe forward across L and raise L heel, Lower L heel  
 3, 4 Touch R toe to right side and raise L heel, Lower L heel  
 5, 6 Step R behind L, Step L to left side  
 7, 8 Step R across L, Hold (12)  
 (optional counts 1-4, Touch R forward, Hold, Touch R to side, Hold)

## SIDE, BEHIND, TURN ¼ & FWD, HOLD, ¾ PIVOT, SIDE, HOLD

1, 2 Step L to left side, Step R behind L  
 3, 4 Turn ¼ left and step L forward, Hold  
 5, 6 Step R forward, Turn ¾ left taking weight onto L  
 7, 8 Step R to right side, Hold (12)

## MAMBO, HOLD, MAMBO, HOLD

1, 2 Rock step L forward 45° left, Recover R (add hips)  
 3, 4 Step L back, Hold  
 5, 6 Rock step R back 45° right, Recover L (add hips)  
 7, 8 # Step R forward, Hold (add finish) (12)

## ½ PIVOT, FWD, HOLD, FWD, LOCK, FWD, SCUFF

1, 2 Step L forward, Turn ½ right taking weight onto R  
 3, 4 Step L forward, Scuff R  
 5, 6 Step R forward, Lock L behind R  
 7, 8 Step R forward, Scuff L (6)

## FWD, TOUCH, BACK, TOUCH, BACK, TOUCH, TURN ¼ & SIDE, HOLD

1, 2 Step L forward 45° left, Touch R beside L  
 3, 4 Step R back 45° right, Touch L beside R  
 5, 6 Step L back 45° left, Touch R beside L  
 7, 8 Turn ¼ right and step R to right side, Hold (feet slightly apart) (9)

## TWIST HEELS, TOES, HEELS, HOLD & CLAP, REPEAT

1, 2 Twist both heels to right, Twist both toes to right  
 3, 4 Twist both heels to right, Hold and clap  
 5, 6 Twist both heels to left, Twist both toes to left  
 7, 8 Twist both heels to left, Hold and clap (weight on L) (9)

## COASTER, ¼ PADDLE, FWD, HOLD

1, 2 Step R back, Step L beside R  
 3, 4 Step R forward, Hold  
 5, 6 Step L forward, Turn ¼ right taking weight onto R  
 7, 8 Step L forward, Hold (12)

## ROCKING CHAIR, ¼ MONTEREY

1, 2 Rock step R forward, Recover L  
 3, 4 Rock step R back, Recover L  
 5, 6 Touch R toe to right side, Turn ¼ right and step R beside L  
 7, 8 Touch L toe to left side, Step L beside R (3)

Begin again .....

**FINISH:** # Wall 10, dance first 24 counts starting on 3 o'clock wall, add following steps...  
 1 – 4 Step L forward, Turn ¾ right taking weight onto R, Step L to left side, Hold  
 5 – 8 Bump hips R L R, Hold (optional wave hands in the air on bumps)

Dance may be copied and distributed provided original steps remain unchanged.