

# Hang Loose

Song: Hang Loose (iTunes) (2:38mins)  
Artist: Alabama Shakes  
Album: Boys & Girls  
Choreographer: Robyn Walthew – Sydney – May 2016  
Description: 32 Count, 4 Wall, Upper Beginner

**Intro: 16 Counts - Intro with Tag:**  
**(Note – Same Tag is also at the End of Wall 2)**

## Tag

### **(1-8) Vine R with a Touch, Vine L with a Touch**

1,2,3,4 Step R to side, Step L behind R, Step R to side, Tap L beside R  
5, 6,7,8 Step L to side, Step R behind L, Step L to side, Tap R beside L

### **(9-16) Two ½ Pivots to L, Box Step Together**

1,2,3,4 Step R Fwd, Pivot ½ L, Step R, Fwd, Pivot ½ L  
5,6,7,8 Cross R over L, Step back on L, Step R to side, Step L beside R

## Dance

### **(1-8) Step R Diag. Step Back L Diag. with Touches, Rock R, Recover, Behind-Side-Cross**

1,2,3,4 Step R Fwd Diag. R, Tap L beside R, Step L Diag. back, Tap R beside L  
5,6,7&8 Rock R to R, Recover L, Step R Behind L, Step L to Side, Cross R over L

### **(9-16) Rock L Recover, Behind-Side-Fwd ¼ to R, Skate diag Fwd R, L, Shuffle Fwd R**

1,2,3,4 Rock L to L, Recover R, Step L Behind R, Step R Fwd ¼ R, Step L Fwd  
5,6,7&8 Skate R Fwd diag. R, Skate L Fwd diag. L, Shuffle Fwd (R-L-R)

### **(17-24) Pivot ¼ to R, Cross Shuffle L, Step R, L-Behind, weave - Step ¼ R, Step L ¼ R**

1,2,3&4 Step L Fwd, Pivot ¼ R, Cross shuffle L over R (L-R-L)  
5,6,7,8 Step R to side, Step L behind R, ¼ turn R step R Fwd, ¼ turn R step L to side

### **(25-32) Step R behind L, ¼ L step L fwd, Step R ½ Pivot to L, Rocking Chair (or Pivots)**

1.2.3.4 Step R behind L, Turn ¼ to L step L Fwd, Step R Fwd Pivot ½ to L  
5,6,7,8 Rock Fwd on R, Rock-Replace L, Step Back on R, Rock-Replace L  
(Option: 5,6,7,8 Step ½ Pivot to L, Step ½ Pivot to L)\*

**\*16 Count Tag at the End of Wall 2 (Back Wall)**

**Ending - Dance the last 4 counts (count 29-32), then Step forward on Right (count 33)  
Step R Fwd ½ Pivot to L, Step R Fwd ¼ Pivot to L, add Step Fwd on R (Front)**