

GROOVE THING

Choreographer: Anne Herd, Australia, (*September 2016*) (*Version 1*)

Song: Shake Your Groove Thing by Peaches & Herb CD: R&B Party 3.25 iTunes

Description: 32 Count 4 Wall Beginner - Turning CW – 1 Tag

Intro: Start on main lyrics, 32 beats in, weight on L

VINE RIGHT AND LEFT

1-2-3-4 Step R to side, Cross L behind R, Step R to side, Touch L beside R
5-6-7-8 Step L to side Cross R behind L, Step L to side, and Touch R beside L

WALK BACK, HIP BUMPS

1-2-3-4 Walk back stepping RLR, Touch L beside R
5-6-7-8 On the L diagonal, Step fwd. on L as you bump hips twice fwd. and twice back (LL, RR)

WALK FORWARD, FORWARD TOUCH, BACK TOUCH

1-2-3-4 Walk forward stepping L R L, Touch R beside L
5-6-7-8 On the R diagonal, Step fwd. on R, Touch L beside R, Step back on L, Touch R beside L

1/4 TURN, STEP TOUCH, V STEP

1-2-3-4 Turn 1/4 R, Stepping R to side, Touch L beside R, Step L to side, Touch R beside L
5-6-7-8 Step fwd. on R on the R diagonal. Step fwd. on L on the L diagonal. Step R back to centre. Step L beside R

32

Begin dance again

TAG: There is a four count tag at the end of the first wall. Simply repeat the V step.

ENDING: You will be on the 12.00 wall. Simply change counts 25-28 into a K step (leaving off the 1/4 turn) then continue with the V step.

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