Good Old Days

Count: 64 Wall: 2 Level: Advanced
Choreographer: Hiroko Carlsson (Grafton, Australia) December 2024
Music: "Good Old Days" by Henry Moodie - Available on Spotify/YouTube Music/Deezer/Amazon Music
Please feel free to contact me if you need any further information.
(hirokoclinedancing@gmail.com) (Intro: 8 counts)

[S1] Cross, Side, Cross-Side-Touch-Ball, Cross, Side, 1/4R Sailor Step, Back Rock
1 2 Cross R over L, Step L to the side
3&4 Cross R over L, Step L to the side, Touch R toes diagonally forward
&5 6 Ball step R in place, Cross L over R, Step R to the side
7&8 Step L behind R, Make a ¼ turn right step R to the side (3:00), Step L to the side
&1 Quick back rock on R, Replace weight on L

[S2] Step-Pivot 3/4L, Side, Back Rock, Step-Pivot 3/4R-&-Point-1/4R-Point
2 3 Step forward on R, Make a ¾ turn left recover weight on L (6:00)
4&5 Step R to the side, Quick back rock on L, Replace weight on R
6 7 Step forward on L, Make a ¾ turn right recover weight on R (3:00)
&8 Step L beside R, Point R to the side
&1 Make a ¼ turn right stepping R next to L (6:00), Point L to the side

[S3] Touch Cross-Side-Back-Heel-&, Heel Grind 1/4L, Coaster Step
2 3 Touch L cross- side
&4& Step back on L, Touch R heel forward, Step R in place
5 6 L heel grind turning ¼ left, Step back on R (3:00)
7&8 Step back on L, Step R beside L, Step forward on L

[S4] Side Rock, Cross, Quick Side Rock, Cross-3/4L Turn-Shuffle Fwd
1 2 3 Rock R to the side, Replace weight on L, Cross R over L
4& Rock L to the side, Replace weight on R
5 6 Cross L over R, Make a ¼ turn left stepping back on R (12:00)
7&8 Making a ½ turn left shuffle forward on L-R-L (6:00)
-Restart here on Wall 2

[S5] Cross Shuffle-Side Rock, Cross-Triple 1/2L, Paddle 1/4L-Modified Box Step
1&2 Cross R over L, Step L close, Cross R over L
&3 Rock L to the side, Replace weight on R
4&5 Cross L over R, Make a ¼ turn left stepping R beside L, Make a ¼ turn left stepping L close (12:00)
6& Touch forward on R, Make a ¼ turn left recover weight on L (9:00)
7& Cross R over L, Step back on L
8 1 Step R to the side, Step forward on L

[S6] Side, Drag, Together, Side, Anchor Step, Cross, Side
2 3 Step R to the side, Drag L close to R
&4 Step L next to R, Step R to the side
5&6 Anchor step back on L, Replace weight on R, Step L behind R
7 8 Cross R over L, Step L to the side

[S7] Behind w/ Hitch, Behind-Side-Cross, Side Shuffle, Behind w/ Hitch, Behind-1/4L-Fwd
1 Step R behind L and hitch L knee to the side
2&3 Step L behind R, Step R to the side, Cross L over R
4&5 Side shuffle to the right on R-L-R
6 Step L behind R and hitch R knee to the side
7&8 Step R behind L, Make a ¼ turn left stepping forward on L (6:00), Step forward on R

[S8] Step-Pivot 1/2R-Roll R-1/4R-Behind Rock, Spiral 3/4L-Close

1 2 Step forward on L, Make a ½ turn right recover weight on R (12:00)
3 4 Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (12:00)
&5 6 Make a further ¼ turn right stepping L to the side (3:00), Rock R behind L, Replace weight on L
7 8 Step R to the side and making a ¾ spiral turn left (6:00), Step L next to R

Restart on Wall 2 counts 32 (12:00)

Ending suggestion: The last wall starts facing 12:00. Dance up to counts 32 (6:00).
Make an extra ½ turn left stepping back on R (12:00)

(updated: 17/Dec/24)