Gonna Get a Little Footloose

Count: 32 Wall: 2 Level: Beginner

Choreographer: Laura Rittenhouse (AUS) – December 2025

Music: Footloose by Don Louis

Start after 16 counts

S1: DOUBLE TIME TOE, HEEL, STOMP, STEP & DRAG UP TO RIGHT DIAGONAL; REPEAT SEQUENCE LEFT

1&2,3,4 Touch R toe beside L instep, Tap R heel beside R, Stomp R foot beside L (weight remains on L), Step R up to R diag, Drag L beside R

5&6,7,8 Touch L toe beside R instep, Tap L heel beside R, Stomp L foot beside R (weight remains on R), Step L up to L diag, Drag R beside L

S2: DOUBLE TIME LOCK FORWARD RIGHT & BACK LEFT; SWEEP BACK X 4

1&2,3&4 Step R fwd, Lock left behind R, Step R fwd, Step L back, Lock R in front of L, Step L fwd, Hold

5,6,7,8 Sweep R back stepping on R, Sweep L back stepping on L, Sweep R back stepping on R, Sweep L back stepping on L

* **RESTART** here on Walls 3 & 6 facing 12:00

S3: ROCK R BACK, TAP L, RECOVER, DOUBLE TIME SCUFF & ROCK ON R; TAP L BACK, RECOVER, ROCK BACK R, RECOVER

1,2,3&4 Rock R back, Tap L heel in place, Recover on L, Scuff R fwd, Rock R fwd

5,6,7,8 Tap L toe in place, Recover on L, Rock R back, Recover on L

S4: DOUBLE TIME ROCKING ½ TURN; DIAGONAL SIDE STEP UP R, BACK L

1&2,3&4 Turning L ¼ rock R fwd (9:00), Recover L, Rock R fwd, Turning L ¼ rock L fwd (6:00) Recover R, Rock L fwd

5,6,7,8 Step R up to R diagonal, Touch L beside R, Step L back to L diagonal, Touch R beside L

* Two **restarts** after S2 when facing 12:00 after Wall 3 & 6