

Going Up The Country

SONG: GOING UP THE COUNTRY by CANNED HEAT
ALBUM: THE BEST OF CANNED HEAT

PATTERN: EASH SEQUENCE TURNS ¼ RIGHT
CHOREOGRAPHED by CARL SULLIVAN SYDNEY 10//2017

BEATS	STEPS	Improver Line Dance
1-2	Step R fwd, Hook L foot behind R knee	
3-4	Step L back, Hook R across L shin	
5-6-7	Step R fwd, Lock-Step L behind R, Step R fwd	
8	Scuff L fwd	
1-2	Step L fwd, Hook R foot behind L knee	
3-4	Step R back, Kick L fwd	
5-6-7	Step L back, Step R beside L, Cross-step L over R (Coaster cross)	
8	Hold	
1-2	Step R to R, Hitch L knee	
3-4-5	Step L to L, Cross R behind L, ¼ L Step L fwd	9:00
6	Hold	
7-8	Step R fwd, Pivot ½ turn L onto L	3:00
1-2	Step R fwd, Step L fwd	
3-4	Twist both heels L, Twist both heel R	
5-6	Step R fwd, Step L fwd	
7-8	Bounce both heels twice as you turn ½ R	9:00
1-4	R back Coaster (R, L, R), Scuff L fwd	
5-8	Step L fwd, Lock-step R behind L, Step L fwd, Scuff R fwd	
1-4	Step R fwd, Lock-step L behind R, Step R fwd, Scuff L fwd	
5-6	Step L fwd, Pivot ½ turn onto R	3:00
7-8	Step L fwd, Hold	
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48	Tag & Restart facing 9:00 On 8th Wall - dance the first 16 counts and do a Coaster step instead of the Coaster Cross. Then start from the beginning. The music stops but the count goes on & sequence begins again.	