

Friends For A Lifetime

Music : Friends For A Lifetime

Artist. : Beccy Cole

Level. : Improver Waltz - 48 count

Choreographer: Kathleen McManamon. Australia (April 2017)

Count	Steps
1-6	Cross Waltz x 2 Cross L over R, rock to right on R, step left on to L. Cross R over L, rock to left on L, step right on to R.
7-18	Fwd Point Hold, Back Point Hold, 1/2 Turn, Waltz Back Step fwd on L, point R to side, Hold, Step back on R, point L to side, Hold Waltz forward LRL turning 1/2 turn left, waltz back RL R. ***
19-24	Fwd Tap Kick, Back Drag Step fwd on L, tap R next to L, kick R fwd. Step back on R, drag L to R (2 counts)
25-30	Fwd 1/4 Turn, Waltz Back Waltz fwd LRL turning 1/4 left, waltz back RLR
31-36	Step Slide, Step Slide Step L to left, Slide R to L (2 counts). Step R to right, Slide L to R (2 counts)
37-48	Diamond Step fwd on L to 45deg turn 90deg left step RL. Step back on R turn 90deg left step LR Step fwd on L turn 90deg left step RL Step back on R turn 45deg left step LR (3 o'clock)

*** Restart on wall 4 after count 18