

# FLORIDA SHINES

Music: "Life Shines" (30-A Song) Bryan Kennedy. 3:38 min. 176 BPM

Description: 80 count: 2 wall: Intermediate.

Choreographer: Shanthie De Mel, Melbourne, Australia, September, 2011

Begin: Wt. on left foot. 16 count intro. Start on vocals " – shines"

***This dance is dedicated to June Lewis, Mark Oliver & the line dancers of New Smyrna Beach, Florida. USA.***

Scenic Route 30-A is an 18-mile road that hugs the panhandle coastline (Gulf of Mexico) in Northwest Florida. Along this breath-taking drive you will see sugar-white sand beaches and some very rare coastal dune lakes. You will also discover a number of beach communities that are known for their relaxed, upscale lifestyle. Every beach along scenic Route 30-A is a Blue Wave Beach. 30-A is not a place, but a way of life!

Split floor dance to Beginner dance 30-A ROCKS! to the same music, by Shanthie De Mel

**SIDE. TOG. 1/2 TURN RIGHT SIDE. HITCH. SIDE. TOG. 1/2 TURN LEFT SIDE. HITCH.**  
1, 2, 3, 4 Step R to right side. Step L to R. Turning 1/2 right step R to right side. Hitch L. (6:00)  
5, 6, 7, 8 Step L to left side. Step R to L. Turning 1/2 left step L to left side. Hitch R. (12:00)

**FWD. TAP. STEP. HEEL. STEP. TAP. 1/2 TURN LEFT SIDE. HOLD.**  
1, 2, 3, 4 Step R diag fwd. Tap L toe to R heel. Step down on L. Step R heel diag fwd.  
5, 6, 7, 8 Step down on R. Tap L toe to R heel. Turning 1/2 left step L to left side. Hold. (6:00)

**SIDE. TOG. 1/2 TURN RIGHT SIDE. HITCH. SIDE. TOG. 1/2 TURN LEFT SIDE. HITCH.**  
1, 2, 3, 4 Step R to right side. Step L to R. Turning 1/2 right step R to right side. Hitch L. (12:00)  
5, 6, 7, 8 Step L to left side. Step R to L. Turning 1/2 left step L to left side. Hitch R. (6:00)

**FWD. TAP. STEP. HEEL. STEP. TAP. 1/4 LEFT TURN STEP. HOLD.**  
1, 2, 3, 4 Step R diag fwd. Tap L toe to R heel. Step down on L. Step R heel diag fwd.  
5, 6, 7, 8 Step down on R. Tap L toe to R heel. Turning 1/4 left step L to left side. Hold. (3:00)

**FWD. LOCK. FWD. HOLD. (REPEAT ON OTHER FOOT)**  
1, 2, 3, 4 Step R diag fwd. Lock L behind R. Step R diag fwd. Hold.  
5, 6, 7, 8 Step L diag fwd. Lock R behind L. Step L diag fwd. Hold.(3:00)

**SWIVEL LEFT HOLD. SWIVEL RIGHT HOLD.**  
1, 2, 3, 4 Swivel left heels-toes-heels. Hold  
5, 6, 7, 8 Swivel right heels-toes-heels. Hold. (3:00)

**TOE STRUTS BACK X4 WITH 1/4 LEFT TURN**  
1, 2, 3, 4 Step back on L toe. Put L heel down. Step back on R toe. Put R heel down  
5, 6, 7, 8 Turning 1/4 left step on L toe. Put L heel down. Step on R toe. Put R heel down. (12:00)

**TRIPLE ROCKING CHAIR LEFT. STOMP. CLAP.**  
1, 2, 3, 4 Rock L fwd. Return R. Rock L to left side. Return R.  
5, 6, 7, 8 Rock L back. Return R. Stomp L beside R. Clap. (12:00)

**RESTART HERE ON ROTATION 4 FACING 12:00, WHEN VOCALS BEGIN.**

**TRIPLE ROCKING CHAIR RIGHT. STOMP. CLAP.**  
1, 2, 3, 4 Rock R fwd. Return L. Rock R to left side. Return L.  
5, 6, 7, 8 Rock R back. Return L. Stomp R beside L. Clap. (12:00)

**JAZZ BOX LEFT. HOLD. FWD. HOLD. 1/2 LEFT TURN. HOLD**  
1, 2, 3, 4 Cross L over R. Step R back. Step L back. Hold.  
5, 6, 7, 8 Step R fwd. Hold. Turn 1/2 left. Hold. (6:00)

**ENDING: END OF LAST ROTATION, FACE 12:00 & RIGHT STOMP & HOLD.**