

Enjoy Yourself

CHOREOGRAPHY

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MUSIC

Enjoy Yourself by Doris Day

DIFFICULTY RATING

Very Easy Intermediate

32 count, 2 wall line dance . September 2013. Count sequence; 32, 38, 32, 38, 32, 38

1-8: SIDE R, CROSS L, 1/4L CHA-CHA BACK RLR, ROCK BACK L, REPLACE R, CHA-CHA FWD LRL

- 1,2 Step side Right, step Left across Right
- 3,&4 Making 1/4 turn left cha-cha backward Right, Left, Right
- 5,6 Rock-step back Left, replace weight forward onto Right
- 7,&8 Cha-cha forward Left, Right, Left

9-16: FWD R, 1/2PIVOT L, FWD R, 1/2PIVOT L, 1/4L SIDE R, CROSS-ROCK L, REPLACE R, 1/4L CHA-CHA FWD LRL

- 1,2 Step forward Right, make 1/2 pivot turn left onto Left
- 3,&4 Step forward Right, make 1/2 pivot turn left onto Left, make further 1/4 turn left and step side Right
- 5,6 Cross-rock Left over Right, replace weight back onto Right
- 7,&8 Make 1/4 turn left and cha-cha forward Left, Right, Left

17-24: TOUCH FWD R, SWITCH, TOUCH FWD L, SWITCH, FWD-ROCK R, REPLACE L, 1/2R CHA-CHA FWD RLR, 1/4R CHA-CHA BACK LRL

- 1,& Touch Right toe forward, quickly step Right beside Left
- 2,& Touch Left toe forward, quickly step Left beside Right
- 3,4 Rock-step Right forward, replace weight back onto Left
- 5,&6 Make 1/2 turn right and cha-cha forward Right, Left, Right
- 7,&8 Make 1/4 turn right and cha-cha backward Left, Right, Left

25-32: BACK COASTER RLR, FWD-ROCK L, REPLACE R, BACK COASTER LRL, FWD R, 1/2PIVOT L

- 1,&2 Step back Right, step Left beside Right, step forward Right
- 3,4 Rock-step forward Left, replace weight back onto Right
- 5,&6 Step back Left, step Right beside Left, step Left forward
- 7,8 Step forward Right, make 1/2 pivot turn left onto Left

***33-38: SIDE TOUCH R, HOLD, SWITCH, SIDE TOUCH L, HOLD, SWITCH, FWD-ROCK R, REPLACE L**

- 1,2,& Touch/point Right toe to the side, Hold, quickly step Right beside Left
- 3,4,& Touch/point Left toe to the side, Hold, quickly step Left beside Right
- 5,6 Rock-step Right forward, replace weight back onto Left

***the extra 6 counts are done each time on the chorus "Enjoy yourself etc" so it's very easy to know when to add the extra steps.**

Even though the song is a very dated recording, it's got a beat that's easy to hear for novice dancers and lyrics that everyone should take note of - which is why I chose it.