



Easy Walker



Music: "The Walker" Artist: Fitz and the Tantrums (iTunes)
Choreographer: Colleen Archer, Charters Towers, Qld, Australia
Time: 3.52 mins, 32 Counts, 4 Walls, Beginner Level
Intro: Sirens for 22 secs...32 counts (whistling)
SP: Weight L BPM: 132 Version: 1 Rotation: CCW
email: colleen.archer@bigpond.com Date: 1/7/2022 For Geoff



March on the spot RLRL, Touch Heel, Tog, Touch Heel, Tog

- 1, 2 Step R in place, Step L in place
 - 3, 4 Step R in place, Step L in place
 - 5, 6 Touch R heel forward, Step R beside L
 - 7, 8 Touch L heel forward, Step L beside R
- (1-4) swing arms in marching style (5-8) alt forward & side (12)

Walk forward, Step to side & sway hips RLRL

- 1, 2 Step R forward, Step L forward
 - 3, 4 Step R forward, Step L forward
 - 5, 6 Little step R to right side and sway hips right, Sway hips to left
 - 7, 8 Sway hips to right, Sway hips to left
- (1-4) swing arms (5-8) hands in front, palms down, swing side to side (12)

V Step, Zig Zag Back R, Touch L, Back L, Touch R

- 1, 2 Step R forward 45° right, Step L forward 45° left
 - 3, 4 Step R back to centre, Step L beside R
 - 5, 6 Step R back to right diagonal, Touch L beside R and clap
 - 7, 8 Step L back to left diagonal, Touch R beside L and clap
- (1) R hand forward, palm up (2) L hand forward, palm up
(3) R hand on R hip (4) L Hand on L hip (12)

R Vine, Touch L, L Vine, Turn ¼ Left & Touch R

- 1, 2 # Step R to right side, Step L behind R
 - 3, 4 Step R to right side, Touch L beside R
 - 5, 6 Step L to left side, Step R behind L
 - 7, 8 Turn ¼ left and step L forward, Touch R beside L
- (9)

Begin dance again.....

Notes: For Basic Beginner and Senior levels, leave out hand movements.
Substitute following 8 counts for counts 24 to 32 to create a one wall dance by leaving out ¼ turn left.

R Vine, Touch L beside R, L Vine, Touch R beside L

- 1, 2 # Step R to right side, Step L behind R
 - 3, 4 Step R to right side, Touch L beside R
 - 5, 6 Step L to left side, Step R behind L
 - 7, 8 Step L to left side, Touch R beside L
- (12)

