

DERAILED (O.S)

SONG: RUNAWAY TRAIN

ARTIST: CAM

ALBUM: UNTAMED

CHOREOGRAPHER: MICHAEL VERA-LOBOS FEB 2017, SYDNEY AUSTRALIA

ORIGINAL POSITION: FEET SLIGHTLY APART WEIGHT ON LEFT

START ON VOCALS

BEATS: STEPS: 2 WALL ADVANCE DANCE 0:00

1 8 CROSS BALL JACK & ROCK FWD, REPLACE, L COASTER STEP, FULL SPIN FWD L

1&2&3,4 Cross R over L & Step L to L, Touch R heel to R Side & Stepping on R Rock fwd L, Replace wt on R (12:00)

5&6,7,8 Step back on L & Step R beside L, Step fwd onto L, Full Spin fwd over L Stepping R then L (12:00)

9 16 ROCK FWD, REPLACE, SHUFFLE BACK, ROCK BACK, REPLACE, R, R

1,2,3&4 Rock fwd R, Rock back on L, Shuffle back on R stepping R,L,R (12:00)

5,6,7,8 Rock back on L, Rock fwd on R, Turning R Step back on L, Turning a further R End with R to R side (9:00)

17 24 CROSS ROCK, REPLACE, SIDE SHUFFLE L, R SAILOR, REPLACE, HINGE R

1,2,3&4 Cross Rock L over R, Rock back on R, Side Shuffle L Stepping L,R,L (9:00)

5&6,7,8 Cross R behind L & Rock L to L, Replace wt on R, Rock wt to L side, Hinge R Ending with R to R

25 - 32 CROSS ROCK, REPLACE, BALL CROSS, R, ROCK BACK, REPLACE, FULL SPIN FWD L

1,2&3,4 Cross Rock L over R, Rock back on R & Stepping L to L Cross R over L, Turning R Step back on L (6:00)

5,6,7,8 Rock back on R, Rock fwd on L, Turning a full spin fwd over L Step onto R then L (6:00)

33 - 40 SIDE, DRAG TOWARDS, L ROCK BACK, REPLACE, STEP FWD, TAP BESIDE, BALL STEP, L

1,2,3,4 Step R to R, Drag L towards R, Turning L Rock back on L, Rock fwd R (9:00)

5,6&7,8 Step fwd L, Tap R beside L & Stepping R beside L Step fwd L, Turning L Step back on R (9:00)

41 - 48 L, CROSS ROCK, REPLACE, SIDE SHUFFLE R, STEP FWD, PIVOT R, R DRAG

1,2,3,4&5 Turning L Step L to L, Cross Rock R over L, Replace Wt on L, Side Shuffle R Stepping R&L Beside, R

6,7,8 Step fwd L, Pivot R, Turning a further R Step L to L dragging R towards L (6:00)

49 56 BEHIND & SIDE, CROSS, SIDE ROCK, REPLACE, CROSS SHUFFLE, STEP SIDE, HINGE L

1&2, 3,4 Cross R behind L & Step L to L, Cross R over L, Side Rock L to L, Replace Wt on R (6:00)

5&6,7,8 Cross Shuffle L over R Stepping L,R,L, Step R to R, Hinge L Ending with L to L side (12:00)

57 64 CROSS ROCK, REPLACE, OUT OUT, TAP BESIDE, OUT OUT, STEP BESIDE, TWIST HEELS R, TWIST HEELS L R

1,2&3,4 Cross Rock L over R, Rock back on L & Step R out to R, Step L out to L, Tap R beside L (12:00)

&5,6,7,8 Stepping R out to R, Step L to L side, Step R Beside L, Twist heels R, Twist heels L turning R End wt L (3:00)

65 72 ROCK BACK, REPLACE, SHUFFLE FWD, FULL SPIN FWD R, LUNGE FWD, REPLACE

1,2,3&4 Rock back R, Replace wt on L, Shuffle fwd R Stepping R,L,R (3:00)

5,6,7,8 Full Spin fwd over R Stepping L then R, Lunge fwd L, Replace Wt on R

73 80 TRAVELLING BACK STEP BACK, DRAG & STEP BESIDE, ROCK BACK, REPLACE & STEP BESIDE, STEP BACK, DRAG & STEP BESIDE, ROCK BACK, REPLACE

1,2&3,4& Step back L, Drag R towards L & Stepping R beside L, Rock back on L, Rock fwd on R (3:00) & Step L beside R

5,6&7,8 Step back on R, Drag L towards R & Stepping L beside R, Rock back on R, Rock fwd onto L (3:00)

81 88 CROSS SAMBA R, CROSS, L, L DRAG, BALL CROSS, L

1&2,3,4 Cross R over L & Rock L to L, Replace Wt on R, Cross L over R, Turning R Step back on R (12:00)

5,6&7,8 Turning L Step L to L, Drag R towards L, Stepping onto R Cross L over R, Turning L Step back on R (6:00)

89 96 ROCK BACK, REPLACE, SHUFFLE R, ROCK BACK, REPLACE, FULL SPIN FWD L

1,2,3&4 Rock back L, Rock fwd R, Shuffle R Stepping L,R,L (12:00)

5,6,7,8 Rock back R, Rock fwd L, Full Spin fwd over L Stepping R then L (12:00)

97 104 SIDE, HOLD & TOGETHER, SIDE ROCK, REPLACE, R SAILOR DRAG, BEHIND, R

1,2&3,4 Step R to R, Hold & Stepping L beside R Rock R to R side, Replace Wt on L (12:00)

5&6,7,8 Cross R behind L & Rock L to L, Replace Wt on R, Cross L behind R, Turn R on R (3:00)

105 112 STEP FWD, TWIST R, TWIST L, L, L COASTER L CROSS, STEP SIDE, HINGE L

1,2,3,4 Step fwd L, Twist R, Twist L (3:00) End Wt L, Turn L Stepping back on R (9:00)

5&6,7,8 Step back L & Stepping R beside L Turn L, Cross L over R (6:00), Step R to R, Hinge L Ending with L to L side (12:00)

113 120 CROSS ROCK, REPLACE, FULL TRIPLE SPIN TO R SIDE, ROCK FWD, REPLACE, ROCK BACK, REPLACE

1,2,3&4 Cross Rock R over L, Rock back on L, Full Triple Spin R Travelling to R Side Stepping R,L,R (12:00)

5,6,7,8 Rock fwd L, Replace Wt on R, Rock back on L, Replace wt fwd on R (12:00)

121 128 STEP FWD, HOLD, L, HOLD, L, HOLD, STEP FWD, PIVOT L

1,2,3,4 Step fwd L, Hold, Turning L Step back on R, Hold (6:00)

5,6,7,8 Turning L Step onto L, Hold (12:00), Step fwd R, Pivot L (End Wt on L) (6:00)

129 136 SIDE SHUFFLE R, ROCK BEHIND, REPLACE, SIDE SHUFFLE L, ROCK BACK, REPLACE

1&2,3,4 Side Shuffle to R Stepping R,L,R, Rock L behind R, Replace Wt on R (6:00)

5&6,7,8 Side Shuffle to L Stepping L,R,L, Rock back on R, Rock fwd onto L (6:00)

Start Again Facing Back Wall

Wall 3 Dance up to Count 38 and then add

&7,8 Stepping onto R Step fwd L, Tap R beside L - Continue dance from Count 65 to end of Dance

Finish: Dance Ends on Wall 4 Dance to Count 2 & Step fwd L, Pivot R to front Wall

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