

# DELILAH



**Choreographers:** Alison Johnstone (Perth WA ex Scotland)

**Prepared By:** Alison Johnstone 16/09/2009

**Music:** "Delilah" Tom Jones (Greatest Hits CD also available from I tunes)

**Alt Music:** It will fit with lots of other waltz tracks as it is a standard 48 count dance. Have fun choosing.

**Start:** On the lyrics

**Walls:** 4 Wall

**Counts:** 48

**Level:** Improver

**Finish:** Dance finishes after lunge so simply recover on Left to front and stomp Right into Left

**Contact:** [alisonjo@westnet.com.au](mailto:alisonjo@westnet.com.au) +61 404445076

**Dedicated to:** Juliet Lam (USA)

## **SWAY, SWAY, FWD BASIC, BACK BASIC (12.00)**

**1-2-3** Step Left to side sway hips Left (weight Left)

**4-5-6** Step Right to side sway hips Right (weight Right)

**7-8-9** Step fwd onto Left, Step Right into Left, Step Left in place

**10-11-12** Step back onto Right, Step Left into Right, Step Right in place

## **1/4 TURN RIGHT SWAY, SWAY, STEP HITCH HOLD, BACK DRAG (3.00)**

**1-2-3** ¼ turn Right Stepping Left to side sway hips Left (weight Left)

**4-5-6** Step Right to side sway hips Right (weight Right)

**7-8-9** Step fwd onto Left, Hitch Right, Hold

**10-11-12** Step back onto Right, Drag left towards Right over 2 counts

## **STEP RONDE, LUNGE, RECOVER, 1/2 TURN OVER LEFT BASIC (9.00)**

**1-2-3** Step fwd Left and sweep Right from Back to Front over 2 counts (do not step on Right)

**4-5-6** Step fwd Right lunging fwd over 3 counts

**Finish:** Dance finishes after lunge so simply recover on Left to front and stomp Right into Left

**7-8-9** Recover back on Left for 3 counts (nice smooth movement back from lunge)

**10-11-12** Step back onto Right, ½ turn over Left stepping fwd Left, Step fwd Right

## **STEP RONDE, LUNGE, RECOVER, STOMP CLAP CLAP (9.00)**

**1-2-3** Step fwd Left and sweep Right from Back to Front over 2 counts (do not step on Right)

**4-5-6** Step fwd Right lunging fwd over 3 counts

**7-8-9** Recover back on Left for 3 counts (nice smooth movement back from lunge)

**10-11-12** Stomp Right slightly to side, Clap, Clap (weight Right)

**Choreographer note:** As the dance is Viennese Waltz beat you will note that this is choreographed with a normal size step but then the wording "towards" on the drags and not "into".

Take nice small steps on the basics.

**Juliet requested I choreograph a dance to this track. It was choreographed on Juliet's husbands birthday  
Thank you Juliet with all your help and support**

**Juliet is an inspiration to all who enjoy her dance videos and clear teaching techniques  
I hope you like it .....Enjoy 📺**