

Cry Myself to Sleep

Choreographer: Jo Rosenblatt, Emerald QLD (April 2016)
Description: 32 Counts, 4 Walls, 1 Tag, Intermediate
Start: 16 count intro, Start on "...hello ..", weight on left foot
Song: "Cry Myself To Sleep" – Tami Neilson
Album: The Kitchen Table Sessions – Tami Neilson



Back, Drag, Tog, Back, Drag, Tog, Side, Rock, ½Turn, ½Turn, Rock

1 2& Step back on R, Drag L back towards right, Step L beside right
3 4& Step back on R, Drag L back towards right, Step L beside right
5 6& Step R to right, Rock onto L, Turn 180° right step R to right 6
7 8 Turn 180° right step L to left, Rock onto R 12

Behind, Hold, Side, Cross, Sweep, Cross, Side, Behind, Side, Cross, Unwind

1 2&3 Step L behind R, Hold, Step R to right, Cross L over R,
4 Sweep R around in front of left - drag your toes along the floor as you sweep your leg around
5&6& Cross R over left, Step L to left, Step R behind left, Step L to left
7 8 Touch R across in front of left, Unwind 270° left placing weight on L ***** 3

Fwd, Rock, ¼Turn, Step, Pivot, Tog, Fwd, Rock, ½Turn, Spin, Fwd

1 2& Step R fwd, Rock back onto L, Turn 90° right step R fwd 6
3 4& Step L fwd, Turn 180° right step R fwd, Step L beside right 12
5 6& Step R fwd, Step back on L, Turn 180° left step R fwd 6
7 Step L fwd spinning 360° over right shoulder hooking right foot under left knee 6
8 Step R fwd

Side, Behind, Cross, ¼Turn, ¼Turn, Cross, Side, Behind, Cross, ¼Turn, Drag

1 2& Large step L to left, Step R behind left, Cross L in front of right
3 4& Turning 90° left step R back, Turning 90° left step L to left, Cross R over left 12
5 6& Large step L to left, Step R behind left, Cross L in front of right
7 8 Turn 90° left step R back, Drag L back beside right 9

TAG At the end of Wall 6: Add a Reverse Rocking Chair
Step R back, Rock fwd on L, Step R fwd, Rock back on L

FINISH Wall 7: At Count 16 ****
Replace the 270° Unwind with a 180° unwind to finish at the front wall.

Free to be copied provided no changes are made to the original choreography.
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