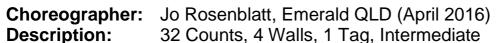


Cry Myself to Sleep



Start:

16 count intro, Start on "...hello ..", weight on left foot "Cry Myself To Sleep" – Tami Neilson Song: The Kitchen Table Sessions – Tami Neilson Album:

Back, Drag, Tog, Back, Drag, Tog, Side, Rock, ½Turn, ½Turn, Rock 12& Step back on R, Drag L back towards right, Step L beside right 3 4& Step back on R, Drag L back towards right, Step L beside right 5 6& Step R to right, Rock onto L, Turn 180° right step R to right 6 78 Turn 180° right step L to left, Rock onto R 12 Behind, Hold, Side, Cross, Sweep, Cross, Side, Behind, Side, Cross, Unwind 1 2&3 Step L behind R, Hold, Step R to right, Cross L over R, Sweep R around in front of left - drag your toes along the floor as you sweep your 4 leg around Cross R over left, Step L to left, Step R behind left, Step L to left 5&6& 78 Touch R across in front of left, Unwind 270° left placing weight on L ***** 3 Fwd, Rock, 1/4 Turn, Step, Pivot, Tog, Fwd, Rock, 1/2 Turn, Spin, Fwd 1 2& Step R fwd, Rock back onto L, Turn 90° right step R fwd 6 3 4& Step L fwd, Turn 180° right step R fwd, Step L beside right 12 5 6& Step R fwd, Step back on L, Turn 180° left step R fwd 6 7 Step L fwd spinning 360° over right shoulder hooking right foot under left knee 6 8 Step R fwd Side, Behind, Cross, \(\frac{1}{4} \text{Turn, \(\frac{1}{4} \text{Turn, Cross, Side, Behind, Cross, \(\frac{1}{4} \text{Turn, Drag} \) 12& Large step L to left, Step R behind left, Cross L in front of right 3 4& Turning 90° left step R back, Turning 90° left step L to left, Cross R over left 12 5 6& Large step L to left, Step R behind left, Cross L in front of right 78 9 Turn 90° left step R back, Drag L back beside right **TAG** At the end of Wall 6: Add a Reverse Rocking Chair

FINISH Wall 7: At Count 16 ****

Replace the 270° Unwind with a 180° unwind to finish at the front wall.

Step R back, Rock fwd on L, Step R fwd, Rock back on L

Free to be copied provided no changes are made to the original choreography. Jo Rosenblatt 0417 074218 errolandjo@bigpond.com