

Cornerstone Of My Heart

Music: Please Don't Ask Me/John Farnham/The Essentials/iTunes

Choreographer: Sandy Kerrigan (Sydney) Australia – August 2013

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Dance Description: 2 Wall/64 Advanced Line Dance/wt on L

Dance Starts on Lyrics - Version 1:00 – [BPM: 178] Track Length 3:10

Vine R, Push L to L Side with Drag, Back Rock, Side, Back Rock, 1/4 Step Back 3:00

1 2 3 4 Step R to R, Cross L behind R, Step R to R, Push off R/Step L to L/Dragging R

5 & 6 Rock Back on R, Replace Fwd to L, Step R to R Side

7 & 8 Rock Back on L, Replace Fwd to R, Turning 1/4 R/Step Back on L 3:00

1/2 R, Fwd with Slow 1/2 Pivot R, 1/4 R Side, 3/4 R Fwd, Fwd Left Coaster Step 3:00

1 2 3 4 Turning 1/2 R/Step Fwd R, Step Fwd L, Slow 1/2 Pivot Turn R/over 2 counts/wt to R

5 6 Turning 1/4 R/ Step L to L Side 6:00, Turning 3/4 R/Step Fwd R (hinge turn)

7 & 8 Step Fwd L, Step R next to L, Step Back on L

Step Back, Sweep, Step Back, Sweep, Diagonal Back Rock, Diagonal Fwd Lock Shuffle 4:30

1 2 3 4 Step Back on R, Sweep L/Around and Back, Step Back on L, Sweep R/Back

5 6 Rock Back on R to face Side R45°, Replace Fwd to L (pushing L toe fwd)

7 & 8 Step Fwd R, Lock L behind R, Step Fwd R/Facing Side R45°

Fwd 1/2 Diagonal Pivot, Step Fwd, Step Back with Spiral Turn L, Diagonal Lunge, Coaster Step 9:00

1 2 3 Step Fwd L, Pivot Turn 1/2 R wt to R, Step Fwd on L

4 Turning 1/2 L/Step Back on R, 1/2 Turn L on R Sweeping L to Meet R (wt on R)

5 6 Lunge L Fwd to Face Side R45°, Replace Back to R

7 & 8 Turning to 9:00 wall/Step Back on L, Step R next to L, Step Fwd L

Step Fwd, Sweep Fwd, Step Fwd, Sweep Fwd, Push Fwd, Run Back, 1/2 R/Run Fwd 3:00

1 2 3 4 Step Fwd R, Sweep L Circular Fwd, Step Fwd L, Sweep R Circular Fwd,

5 6 Lunge/Push Fwd onto R, Replace Back to L

& 7 & 8 Run Back onto R, Run Back onto L, Turning 1/2 R/Run Fwd onto R, Run Fwd L

Walk Back R, Back L, 1/2 Fwd, Fwd 1/2 Pivot Turn R, 1/4 Side, 1/2 Hinge Side, Behind, Side, Cross

1 2 3 Walk Back R, Walk Back L, Turning 1/2 R/Step Fwd R 9:00

& 4 5 Step Fwd L, 1/2 Pivot Turn R/wt on R, Turning 1/4 R/Step L to L Side,

6 1/2 Hinge R/Step R to R Side/Dragging L

7 & 8 Turning to 12:00/Cross L behind R, Step R to R, Cross L over R

Back, 1/4 Fwd, Step Fwd, Hitch with 1/4 Turn, Cross, 1/4 Step Back, 1/2 Fwd, Fwd 1/2 Pivot Turn

1 2 3 Step Back on R, Turning 1/4 L/Step Fwd L, Step Fwd R

4 5 6 Turning 1/4 R/Hitch L, Cross L over R, 1/4 L/Step Back on R 9:00

7 & 8 Turning 1/2 L/Step fwd L 3:00, Step Fwd R, 1/2 Pivot Turn L/wt on L 9:00

1/2 Step Back, Step Back, 1/2 Step Fwd, 1/4 Scissor Turn, Cross, Side, Behind, 1/4, 1/4, Cross

1 2 3 Turning 1/2 L/Step Back on R, Step Back L, 1/2 R/step Fwd R 9:000

4 & 5 Turning 1/4 R/Step L to L Side, Step R next to L, Cross L over R

& 6 & 7 Step R to R, Cross L Behind R, Turning 1/4 R/Step Fwd R, Step Fwd L

& 8 1/4 Pivot Turn R/wt on R, Cross L over R 6:00

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This dance is dedicated to all my Students, thankyou for all your support, this has given me the Courage to continue with what I love to do, dance and choreograph.

