

Break Free

Song: Outta here

Album/Artist: "Found" Kaylens Rain

Choreographers: Kathryn Sloan and Kelvin Dale September 2012

Description: 2 wall, 64 count, Int. dance, starts 16 counts in with weight on left - 2 restart and 2 tags

Video: <http://tinyurl.com/kathrynardkelvin>

- 1 - 8** **Kick, ball, step, kick, ball, step, rock forward, replace, triple 1 ½ right (6 o'clock)**
1&2,3&4 Kick R fwd, step R beside L, step L fwd, kick R fwd, Step R beside L, step L fwd
5,6,7&8 Rock fwd on R, replace weight to L, triple turn 540° right (turning 180 right step R fwd, turning 180° right step L back, turning 180° right step R fwd)
(Easier option - Rock forward, replace, ½ turn right & shuffle fwd)
- 9 - 16** **Rock forward, replace, coaster step, kick, ball, step, kick, ball, step (6 o'clock)***
1,2,3&4 Rock L fwd, replace weight to R, step back on L, step R beside L, step L fwd
5&6,7&8 Kick R fwd, step R beside L, step L fwd, kick R fwd, step R beside L, step L fwd*
- 17- 24** **Side, hold, and side, touch, side, behind, ¼, scuff (3 o'clock)**
1,2&3,4 Step R to right side, hold, replace weight to L, step R to right side, touch L beside R
5,6,7,8 Step L to left side, step R behind L, turning 90° left step L fwd, scuff R fwd
- 25 -32** **Rock forward, replace, ½ shuffle back, pivot ½, shuffle forward (3 o'clock)**
1,2,3&4 Rock R fwd, replace weight to L, turning 180° right step R fwd, step L beside R, step R fwd
5,6,7&8 Step L fwd, pivot 180° right, step L fwd, step R beside L, step L fwd
(Easier option - Rock fwd, replace, shuffle back, rock back, replace, shuffle forward (3 o'clock))
- 33- 40** **Cross, side, behind, and, heel, and, cross, side, behind, and heel (3 o'clock)**
1,2,3&4 Cross R in front of L, step L to side, step R behind L, step L beside R, touch R heel at 45° fwd
&5,6,7&8 Step R beside L, step L across in front of R, step R to right side, step L behind R, step R beside L, touch L heel at 45° fwd
- 41-48** **And, rock, replace, triple 1 ¼ right, rock forward, replace, coaster step (6)***
1,2,3&4 Step L beside R, rock forward on R, replace weight to L, triple turn 450° right (turning 180° right step R forward, turning 180° right step L fwd, turning 90° right step R to side
5,6,7&8 Rock L forward, replace weight to R, step back L, step R beside L, step L forward*
(Easier option - And rock, replace, ¼ side-shuffle right, rock forward, replace, coaster step *)
- 49 -56** **Rock, and, cross, rock, and, cross, pivot ½, shuffle forward (12 o'clock)**
1&2,3&4 Rock R to right side, replace weight to L, step R in front of L, rock L to left side, replace weight to R, step L in front of R
5,6,7&8 Step R forward, pivot 180° left, shuffle fwd (R,L,R)
- 57-64** **Rock forward, replace, ¼ side shuffle, cross shuffle, triple ¾ (6 o'clock)**
1,2,3&4 Rock L fwd, replace weight to R, turning 90° left side shuffle left (L,R,L)
5&6,7&8 Cross shuffle to the left (R,L,R), triple-step (L,R,L) turning 270° right (turning 90° right L to side, turning 180° right step R fwd, step L forward
(Easier option: Rock forward, replace, ¼ side shuffle, cross shuffle, 1/4 shuffle)

Restarts and tags

Wall 1 - restart after 48*

Wall 3 -add 8 count tag

- Rock forward, replace, ½ shuffle back, pivot ½, shuffle forward**
1,2,3&4 Rock R fwd, replace weight to L, turning 180° right step R fwd, step L beside R, step R fwd
5,6,7&8 Step L fwd, pivot 180° right, shuffle fwd (L,R,L)
Easier option. Rock forward, replace, shuffle back, rock back, replace, shuffle forward

Wall 6 - dance to count 16* and add 4 count tag and restart

- Sway hips right, left, right, left**
1,2,3,4 Sway hips to right, sway hips to left, sway hips to right, sway hips to left

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