

Bonnie Banks

Music: Loch Lomond by The Borderers – Album: Inspired

4 Wall - Beginner Level – Jen Shepherd - March 2018

Beats	This dance is done in four directions
1 & 2 3 4	<i>(Shuffle Right, left rock back, replace weight to right)</i> Step right to right, step left beside right, step right to right Rock back on left, replace weight to right
5 & 6 7 8	<i>(Shuffle Left, right rock back, replace weight to left)</i> Step left to left, step right beside left, step left to left Rock back on right, replace weight to left
1 & 2 3 4 5 & 6 7 8	<i>(Right Kick ball change, touch, clap, repeat beats 1-4)</i> Kick right, step on right, Step on left touch right beside left then clap Kick right, step on right, Step on left touch right beside left then clap
1 2 3 4 5 6 7 8	<i>(Diagonal step,touches, fwd, fwd, back, back)</i> Step R fwd R diagonal, touch L beside R & clap, step L fwd L diagonal, touch R beside L & clap. Step R back , touch L beside R & clap, Step L back, touch R beside L & clap
1 2 3 4 5 6 7 8	<i>(Slow 1/4 L turn, R 45 heel, R touch, R 45 heel, R hook across L)</i> Step forward on R, hold, turn 1/4 L weight to L, hold R 45 heel, R touch beside L, R 45 heel, R hook across L)
32 beats	