



Bomshel - CT



Suggested Music: "Bomshel Stomp" (single available on iTunes) **Artist:** Bomshel
AKA: Dance "Incredible" **Song:** "Incredible" **Artist:** Timomatic **Album:** Timomatic
Choreographer: Colleen Archer, Charters Towers, Queensland, Australia
Intro: 40 counts after 4 heavy beats (22 secs in) **SP.** Weight on L
Date: 1st June, 2013 "For...Mark & The Aviators"
Track time: 3.37mins, 32 count, 2 wall, Beginner + level **BPM:** 136
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SHUFFLE, ROCK BACK, RECOVER, VINE & SCUFF

1 & 2 Step R to right side, Step L beside R, Step R to right side
 3, 4 Rock step L behind R, Recover weight to R
 5, 6 Step L to left side, Step R behind L
 7, 8 Step L to left side, Scuff R forward beside L
 # (alternative 360° roll left on counts 5-8)



(12)

ROCKING CHAIR, ¼ PADDLE, ¼ PADDLE

1, 2 Rock step R forward, Recover weight to L
 3, 4 Rock step R back, Recover weight to L
 5, 6 Rock step R forward, Turn ¼ left taking weight onto L
 7, 8 Rock step R forward, Turn ¼ left taking weight onto L
 # (alternative heel jacks turning ½ left on counts 5 & – 8 &)

(6)

ZIG ZAG FWD TOUCH X 2, ZIG ZAG BACK TOUCH X 2

1, 2 Step R forward 45° right, Touch L beside R and clap
 3, 4 Step L forward 45° left, Touch R beside L and clap
 5, 6 Step R back 45° right, Touch L beside R and clap
 7, 8 Step L back 45° left, Touch R beside L and clap
 # (alternative triple steps RLR, L R L on counts 5 – 8)

(6)

RUMBA SIDE TOG BACK TOUCH, RUMBA SIDE TOG FWD TOUCH

1, 2 Step R to right side, Step L beside R
 3, 4 Step R back, Touch L beside R
 5, 6 Step L to left side, Step R beside L
 7, 8 Step L forward, Touch R beside L (add finish)
 (32) # (alternative small hitch on counts 4 and 8)

(6)

Begin dance again.....

FINISH: Wall 12
 Dance through to count (31) and Stomp R beside L

NOTE: *No tags or restarts, dance through the phrasing of the music and enjoy!*
*Alternative steps for more advanced dancers only.*

This dance can be used for a split floor with the dance "Bomshel".

Dance may be copied and distributed provided original steps remain unchanged.