

Body Type

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Hiroko Carlsson (Grafton, Australia) December 2024

Music: "Body Type" by Badget & Icona Pop - Available on Spotify/YouTube Music/Deezer/Amazon Music

Please feel free to contact me if you need any further information.

(hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Fwd-1/2R-Side, Cross Shuffle into Cross Rock-Side Rock-Cross Rock-Point

1 2 3 Step forward on R, Make a ½ turn right stepping back on L, Step R to the side (6:00)

4& Cross L over R, Step R close

5&6& Rock/cross L over R, Replace weight on R, Rock L to the side, Replace weight on L

7&8 Rock/cross L over R, Replace weight on R, Point L to the side

[S2] Behind-1/4R-Fwd Rock, Turning Shuffle L-

1 2 Step L behind R, Make a ¼ turn right stepping forward on R (9:00)

3 4 Rock forward on L, Replace weight on R

5&6 Making a ½ turn left shuffle forward on L-R-L (3:00)

7&8 Making a ½ turn left shuffle back on R-L-R (9:00)

[S3] -1/4L Side Rock, Vaudeville, Cross, Side, Sailor 1/4R into Fwd Rock-Together

1 2 Make a ¼ turn left stepping (rock) L to the side, Replace weight on R

3&4& Cross L over R, Step R to the side, Touch L heel diagonally forward, Step L in place

5 6 Cross R over L, Step L to the side

7& Make a ¼ turn right stepping R behind L, Step L beside R (9:00)

8&1 Rock forward on R, Replace weight on L, Step R together with hips push back

[S4] Fwd, Heel-Ball-1/4L Cross, Hip Turn 1/4L

2 Step forward on L

3&4 Touch R heel forward, Ball step R in place, Make a ¼ turn left stepping/cross L over R (6:00)

5&6 Step R to the side and hip bumps to R-L-R

7&8 Make a ¼ turn left stepping L to the side and hip bumps to L-R-L (3:00)

No tags or restarts.

(updated: 26/Nov/24)