

Stephen Paterson's

Better Than I Used To Be!



Melbourne, AUSTRALIA, May 2012

Music: Better Than I Used To Be by Tim McGraw (3.21)

Album: Emotional Traffic, available on itunes

32 Count 2 Wall Intermediate Line Dance, with three tags and one restart
Starts after 8 counts, on the word Hold.

- 1 - 5** **ROCK FORWARD, RECOVER, HALF, FORWARD, TOGETHER,
BACK, LOCK, BACK**
- 1 2 Rock step right forward, recover weight back onto left in place
& Turn 1/2 right then step right forward (&)
3 & Step left forward, step right beside left (&)
4 & 5 Step left back, lock right over left (&), step left back (6.00)
- 6 - 8** **SWEEP BEHIND, SIDE, CROSS, SIDE, ROCK ACROSS**
- 6 & Sweep right out then step right behind left, step left out to side (&)
7 & 8 Step right across left, step left out to side (&), rock step right across left
- 9 - 12** **RECOVER, QUARTER, QUARTER, BEHIND, QUARTER, SPIN,
ROCK FORWARD**
- 1 & Recover back onto left in place, turn 1/4 right then step right forward (&)
2 & Turn 1/4 right then step left out to side, step right behind left (&)
3 Turn 1/4 left then step left forward
4 Spin 3/4 left on left then rock step right forward (12.00)
- 13 - 16*** **RECOVER, TOGETHER, STEP HALF, SHUFFLE FORWARD**
- 5 & Recover weight back onto left in place, step right beside left (&)
6 & Step left forward, pivot 1/2 right taking weight onto right in place (&)
7 & 8 * Step left forward, step right beside left (&), step left forward (6.00)
- 17 - 20** **BACK SWEEP, BACK SWEEP, BEHIND, SIDE, STEP QUARTER**
- 1 2 Step right back, sweep left then step left back,
3 & Sweep right then step right behind left, step left out to side (&)
4 & Step right forward, pivot 1/4 left taking weight onto left in place (&) (3.00)
- 21 - 24** **ROCK ACROSS, RECOVER, QUARTER, QUARTER**
- 5 6 Rock step right across left, recover back onto left in place
& Turn 1/4 right then step right forward (&),
7 Turn 1/4 right then step left out to side
8 & Step right behind left, step left out to side (&) (9.00)

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Better Than I Used To Be! - continued

25 - 28 **ROCK ACROSS, RECOVER, SIDE, CROSS, SIDE, QUARTER**
1 2 Rock step right across left, recover back onto left in place
& 3 Step right out to side (&), step left across right
4 & Step right out to side, pivot 1/4 left taking weight onto left in place (&) (6.00)

29 - 32 **STEP, HALF, HALF, FULL TURN, TOGETHER**
5 6 Step right forward, pivot 1/2 left taking weight onto left in place
7 Pivot 1/2 right taking weight onto right in place,
& 8 Turn 1/2 right then step left back (&), turn 1/2 right then step right forward
& Step left beside right (&) (6.00)

Tag One: **After walls 1 and 2, facing the back wall, and front wall respectively add the following 8 counts:**

STEP, HALF, TOGETHER, LOCKING SHUFFLE FORWARD
1 2 Step right forward, pivot 1/2 left taking weight onto left in place
& Step right beside left (&)
3 & 4 Step left forward, lock right up in behind left (&), step left forward

STEP, HALF, FORWARD, FULL TURN, TOGETHER
5 6 Step right forward, pivot 1/2 left taking weight onto left in place
7 & Step right forward, turn 1/2 right then step left back (&)
8 & Turn 1/2 right then step right forward, step left beside right (&)

***Restart:** **On wall 5, dance up to count 16* then restart to the back**

Tag Two: **After wall 6, facing the front wall, add the following 2 counts:**
SWEEP, SWEEP
1 2 Sweep right forward stepping onto right, sweep left forward stepping onto left

Ending: **Wall 7 starts to the front, the music slows down but keep dancing up to count 20 then pivot 1/2 left (instead of the 1/4) to front taking weight onto left in place, step forward right, drag left up to right to finish.**

SEQUENCE: 32 8 32 8 32 32 32 16 32 2 21ish

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