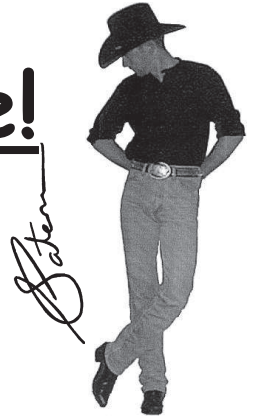


Stephen Paterson's

# Better Than I Used To Be!



Melbourne, AUSTRALIA, May 2012

Music: Better Than I Used To Be by Tim McGraw (3.21)

Album: Emotional Traffic, available on itunes

32 Count 2 Wall Intermediate Line Dance, with three tags and one restart  
Starts after 8 counts, on the word Hold.

- 1 - 5**      **ROCK FORWARD, RECOVER, HALF, FORWARD, TOGETHER,  
BACK, LOCK, BACK**
- 1 2      Rock step right forward, recover weight back onto left in place  
&      Turn 1/2 right then step right forward (&)  
3 &      Step left forward, step right beside left (&)  
4 & 5      Step left back, lock right over left (&), step left back      (6.00)
- 6 - 8**      **SWEEP BEHIND, SIDE, CROSS, SIDE, ROCK ACROSS**
- 6 &      Sweep right out then step right behind left, step left out to side (&)  
7 & 8      Step right across left, step left out to side (&), rock step right across left
- 9 - 12**      **RECOVER, QUARTER, QUARTER, BEHIND, QUARTER, SPIN,  
ROCK FORWARD**
- 1 &      Recover back onto left in place, turn 1/4 right then step right forward (&)  
2 &      Turn 1/4 right then step left out to side, step right behind left (&)  
3      Turn 1/4 left then step left forward  
4      Spin 3/4 left on left then rock step right forward      (12.00)
- 13 - 16\***      **RECOVER, TOGETHER, STEP HALF, SHUFFLE FORWARD**
- 5 &      Recover weight back onto left in place, step right beside left (&)  
6 &      Step left forward, pivot 1/2 right taking weight onto right in place (&)  
7 & 8 \*      Step left forward, step right beside left (&), step left forward      (6.00)
- 17 - 20**      **BACK SWEEP, BACK SWEEP, BEHIND, SIDE, STEP QUARTER**
- 1 2      Step right back, sweep left then step left back,  
3 &      Sweep right then step right behind left, step left out to side (&)  
4 &      Step right forward, pivot 1/4 left taking weight onto left in place (&)      (3.00)
- 21 - 24**      **ROCK ACROSS, RECOVER, QUARTER, QUARTER**
- 5 6      Rock step right across left, recover back onto left in place  
&      Turn 1/4 right then step right forward (&),  
7      Turn 1/4 right then step left out to side  
8 &      Step right behind left, step left out to side (&)      (9.00)

CONTINUED....

# Better Than I Used To Be! - continued

- 25 - 28**     **ROCK ACROSS, RECOVER, SIDE, CROSS, SIDE, QUARTER**  
1 2     Rock step right across left, recover back onto left in place  
& 3     Step right out to side (&), step left across right  
4 &     Step right out to side, pivot 1/4 left taking weight onto left in place (&) (6.00)
- 29 - 32**     **STEP, HALF, HALF, FULL TURN, TOGETHER**  
5 6     Step right forward, pivot 1/2 left taking weight onto left in place  
7     Pivot 1/2 right taking weight onto right in place,  
& 8     Turn 1/2 right then step left back (&), turn 1/2 right then step right forward  
&     Step left beside right (&) (6.00)

**Tag One:**     **After walls 1 and 2, facing the back wall, and front wall respectively add the following 8 counts:**

- STEP, HALF, TOGETHER, LOCKING SHUFFLE FORWARD**  
1 2     Step right forward, pivot 1/2 left taking weight onto left in place  
&     Step right beside left (&)  
3 & 4     Step left forward, lock right up in behind left (&), step left forward

- STEP, HALF, FORWARD, FULL TURN, TOGETHER**  
5 6     Step right forward, pivot 1/2 left taking weight onto left in place  
7 &     Step right forward, turn 1/2 right then step left back (&)  
8 &     Turn 1/2 right then step right forward, step left beside right (&)

**\*Restart:**     **On wall 5, dance up to count 16\* then restart to the back**

**Tag Two:**     **After wall 6, facing the front wall, add the following 2 counts:**  
**SWEEP, SWEEP**

- 1 2     Sweep right forward stepping onto right, sweep left forward stepping onto left

**Ending:**     **Wall 7 starts to the front, the music slows down but keep dancing up to count 20 then pivot 1/2 left (instead of the 1/4) to front taking weight onto left in place, step forward right, drag left up to right to finish.**

**SEQUENCE: 32 8 32 8 32 32 32 16 32 2 21ish**

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