

# BETTER THAN

**CHOREOGRAPHER** PAULINE GREENWOOD (OCTOBER 2010)  
**SONG** BETTER THAN THIS  
**ARTIST** ADAM HARVEY  
**ALBUM** BEST SO FAR  
**DESCRIPTION** EASY INTERMEDIATE LEVEL 3mins 20secs 88bpm  
40 COUNTS 4 WALLS 1 TAG 1 RESTART  
**POSITION** FEET TOGETHER WEIGHT ON L FOOT. DANCE STARTS AFTER 16 COUNT INTRO.

BEATS	STEPS
<b>1 - 8</b>	<b>FORWARD. ROCK. SHUFFLE FORWARD. PIVOT HALF. SHUFFLE FORWARD</b>
1 2	Step R forward. Rock weight back onto L.
3 & 4	Step R forward. Step L beside R. Step R forward.
5 6	Step L forward. Pivot 1/2 R.
7 & 8	Step L forward. Step R beside L. Step L forward.
<b>9 - 16</b>	<b>FORWARD.HITCH. BACK. BACK. BACK. COASTER. STEP. LOCK .STEP</b>
1 & 2	Step R forward. ** Hitch L foot. Step L back. (option ** Hitch L foot, whilst scooting R slightly forward. Step L back)
3 4	Step R back. Step L back.
5 & 6	Step R back. Step L beside R. Step R forward.
7 & 8	Step L forward. Lock step R behind L. Step L forward.
<b>17 - 24</b>	<b>PIVOT HALF. PADDLE QUARTER. CROSS. BACK .HEEL.KICK. BALL.CROSS</b>
1 2	Step R forward. Pivot 1/2.L.
3 4	Step R forward. Paddle 1/4 L.
5 & 6	Step R across L. Step L back. Touch R heel.
7 & 8	Kick R foot to R45. Step on ball of R next to L. Step L across R.
<b>25 - 32</b>	<b>SIDE .ROCK. CROSS SHUFFLE.QUARTER. QUARTER. FORWARD. FORWARD</b>
1 2	Step R to R side. Rock weight onto L.
3 & 4 *	Step R across L. Step L to L side. Step R across L.
5 6	Turn 1/4 R, stepping L back. Turn 1/4 R, stepping R to R side.
7 8	Walking forward, stepping L, stepping R.
<b>33 - 40</b>	<b>FORWARD. HITCH. BACK. BACK .BACK.COASTER . FORWARD. FORWARD</b>
1 & 2	Step L forward. ** Hitch R foot. Step R back. (option ** Hitch R foot, whilst scooting L slightly forward. Step R back)
3 4	Step L back. Step R back.
5 & 6	Step L back. Step R beside L. Step L forward.
7 8	Walking forward, stepping R, Stepping L.

## REPEAT IN CLOCKWISE ROTATION

**TAG** At the end of wall 2 (facing 6.00) add the following 4 count tag  
1 - 4 ROCKING CHAIR. Step R forward. Rock back onto L. Step R back. Rock forward onto L.  
**RESTART** On wall 5 (facing 9.00) dance to count 28 (\*) add & count stepping onto L and restart.  
**ENDING** Dance to count 28 (\*) add (& 29 ) turning 1/4 R and step onto L. Step R beside L to face (12.00)

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