



# Bengawan Solo



**Choreographer:** Alison Johnstone (Nuline dance) [alison@nulinedance.com](mailto:alison@nulinedance.com)

**Music:** "Bengawan Sol" by Tantowi Yaha: "Friends" Album

**Level:** Beginner

**Counts:** 32 Counts 4 wall dance anti-clockwise

**Start:** On Vocals on word "Bengawan" 20 seconds into track

**\*NO TAGS OR RESTARTS\***

## **(1-8) Step, Together, Step Touch, Step, Together, Step Touch**

- 1, 2** Step diagonally forward Right, Step Left next to Right  
**3, 4** Step diagonally forward Right, Touch Left next to Right  
**5, 6** Step diagonally forward Left, Step Right next to Left  
**7, 8** Step diagonally forward Left, Touch Right next to Left (straighten up to 12 o'clock wall)  
**(You can use nice Polynesian type arm and hand movements in this section)**

## **(9-16) Forward Rock, Recover, Shuffle Back Right, Shuffle Back Left, Back Rock, Recover**

- 1, 2** Rock Right Forward Right, Recover on Left  
**3&4** Step back on Right, Step Left next to Right, Step back Right (Shuffle)  
**5&6** Step back on Left, Step Right next to Left, Step back Left (Shuffle)  
**7, 8** Rock back on Right, Recover on Left  
**(Option on the 2 back shuffles to complete a full turn over Right)**

## **(17-24) Right Kick Ball Step, Sway, Sway, Right Kick Ball Step, Sway, Sway**

- 1&2** Kick Right Forward, Step on ball of Right (&), Small step forward on Left (Kick Ball Step)  
**3, 4** Sway to the Right stepping Right to side, Recover Left  
**5&6** Kick Right Forward, Step on ball of Right (&), Small Step forward on Left (Kick Ball Step)  
**7, 8** Sway to the Right stepping Right to side, Recover Left

## **(25-32) Paddle 1/8 Left, (Repeat), Jazz Box (9 O'clock)**

- 1, 2** Touch Right toe forward, Turn 1/8<sup>th</sup> Left  
**3, 4** Touch Right toe forward, Turn 1/8<sup>th</sup> Left  
**5,6,7,8** Cross Right over Left, Step back on Left, Step Side Right, Step on Left (Jazz Box)

**Start Again ☺**

**\*\*\* Ending: You will be facing front. The dance ends nicely on count 7 of the 1<sup>st</sup> section step back instead of Rock on the Right and hand Up well done ☺**

**This Dance Is Dedicated To Ronald Wee from Singapore.  
I hope you enjoy the dance**

