

Being Me

Song: Learning To Live (Show Theme Song) 4.16 140 BPM (Version 3)
Artist: Beth Hart
Choreographer: Lorraine Shelton. September 2013. Dare to Dance, Tamworth.
Description: 2 wall, 48 Beat Phrased Intermediate Dance- 1 Restart

Beats	Steps
1,2,3&4& 5,6&7,8	ROCK, ½, FULL TURN, FORWARD, BACK& BACK, FORWARD Rock forward R, Recover back onto L, Turn ½ R – Step forward R, R full turn forward (L,R,L) Step Forward onto R, Recover back onto L, Step R tog, Step back onto L, Step forward onto R
&1,2,3&4& 5,6,7,8	FORWARD, ¼ PIVOT, WEAVE , SWAY, BEHIND UNWIND Step L Tog, Step forward R – ¼ pivot to L, Cross R over L, Step L to L side, Cross R Behind L, Step L to side Sway Hips to R, Sway Hips to L, Cross R over L-unwind ½ turn L (Keep weight on L)
1&2&3&4& 5&6&7&8&	STEP SWEEP, STEP SWEEP, ROCK,1/2 TURN, STEP SWEEP, STEP SWEEP, ROCK ¼ TURN Step forward R sweeping L forward, Step L Forward sweeping R forward, Step forward onto R, Recover onto L, **Turn ½ to R step forward onto R, Step forward onto L Step forward R sweeping L forward, Step L Forward sweeping R forward, Step forward onto R, Pivot ¼ turn L, Cross R Over L, Step L to L side
1,2&3,4& 5,6&7&8	BACK ROCK, BACK ROCK, ½ TURN, FULL TURN, WALK FORWARD, TOGETHER Rock back on R behind L, Recover forward onto L, Step R to R side, Rock back on L behind R, Recover forward onto L, Step L to L side Turn ½ R and step forward on R, Full turn forward, Step forward on L, Step R together, Step L forward
1,2,3&4 5&6&7,8	1/4 PIVOT, CROSS 1/2, 1/2 TURN, POINT, SAILOR,¼ TURN,STEP FORWARD, ROCK Step forward on R,1/4 Pivot turn L, Cross R over L -1/2 turn L(weight stays on L) Cross R over L turning ½ L (making a full turn) Point R to Side Cross R behind L, Step L to L side, Step R to R Side, Turn ¼ L- step L to L side, Rock forward on R, Recover L
1,2&3,4 5,6&7,8&	¼ TURN STEP & POINT, BEHIND, SIDE, FRONT, HIPS, 1/4 SAILOR, STEP Turn ¼ R – Step R to R side, Point L to L side, Cross L behind R, Step R To R side, Cross L over R, Step R to R side and sway hips R L, Cross R behind L, Turn ¼ R, Step L to L side, Step R to side, Step forward L

** Short Wall 5 –instead of the ½ turn, make a ¼ turn R step onto R, Step L forward and restart facing the front wall.

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