

# Before You Go

**Choreographer:** Rebecca Ross & Lauren Hamilton (Brisbane), Australia, February 2020 **BPM:** 112  
**Song:** Before You Go **Track:** 3.36 **Artist:** Lewis Capaldi **Album:** Divinely Uninspired To a Hellish Extent  
**Dance:** 64 Count, 2/4 Wall Intermediate, 1 Tag, 2 Restarts **Intro:** 8 Counts

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<b>1-8</b>	<b>Back, Sweep, Sailor Step, Behind, ¼, Full Turn (or 2 Walks Forward)</b>
1 2 3&4	Step L back, Sweep R around behind left, Step R behind left, Step L to left, Step R to right
5 6	Step L behind right, Turn 90° right step R forward (3)
7 8	Turn 180° right step L back, Turn 180° right step R forward
<b>9-16</b>	<b>Forward, Rock, Back-Lock-Back, Back, Rock, ½ Turn Shuffle</b>
1 2 3&4	Step L forward, Rock/Recover back on R, Step L back, Lock R over left, Step L back
5 6 7&8	Step R back, Rock/Recover onto L, Turn 180° left shuffle back: RLR (9) ##
<b>17-24</b>	<b>Behind, Side, Cross-Side-Behind, ¼, Rock, 1½ Turn Triple (or ½ Turn Shuffle)</b>
1 2 3&4	Step L behind right, Step R to right, Cross L over right, Step R to right, Step L behind right
5 6	Turn 90° right step R forward, Rock/Recover back onto L (12)
7&8	Turn 180° right step R forward, Turn 180° right step L back, Turn 180° right step R forward (6)
<b>25-32</b>	<b>Forward, Rock, Back-Lock-Back, ½, Rock, ¼, Cross</b>
1 2 3&4	Step L forward, Rock/Recover back on R, Step L back, Lock R over left, Step L back
5 6	Turn 180° right step R forward, Rock/Recover back on L (12)
7 8	Turn 90° right Step R to right, Step L across in front of right (3)
<b>33-40</b>	<b>Side, Drag, Behind-Side-Cross, ¼, Rock, ½, ¼</b>
1 2 3&4	Step R to right, Drag L towards right, Step L behind right, Step R to right, Cross L over right
5 6	Turn 90° right step R forward, Rock/Recover back on L (6)
7 8	Turn 180° right step R forward, Turn 90° right step L to left (3)
<b>41-48</b>	<b>Behind, Side, Cross- Side-Heel (Vaudeville), Together, Cross, Side, ¼ Coaster</b>
1 2 3&4	Step R behind left, Step L to left, Cross R over left, Step L to left, Touch R heel to right
&5 6	diagonal
7&8	Step R beside left, Cross L over right, Step R to right Turn 90° left step L back, Step R beside left, Step L forward (12)
<b>49-56</b>	<b>Dorothy, Dorothy, Forward, Rock, Together, Step, Pivot</b>
1 2&	Step R to right diagonal, Lock L behind right, Step R to right diagonal
3 4&	Step L to left diagonal, Lock R behind left, Step L to left diagonal
5 6&	Step R forward, Rock/Recover back onto L, Step R beside left
7 8	Step L forward, Turn 180° right step R forward (6)
<b>57-64</b>	<b>Cross Samba, Cross Samba, Back, Sweep, Sailor Step</b>
1&2	Cross L over right, Step R to right, Rock/Recover onto L
3&4 **	Cross R over left, Step L to left, Rock/Recover onto R **
5 6 7&8	Step L back, Sweep R around behind left, Step R behind left, Step L to left, Step R to right
<b>Tag</b>	<b>End Wall 6: Add the following 8 count Tag:</b>
	<b>Back, Sweep, ¼ Sailor Step, Forward, Drag, Back, Drag</b>
1 2	Step L back, Sweep R around behind left
3&4	Turn 90° right step R behind left, Step L to left, Step R to right
5-8	Step L forward, Drag R up to left, Step R back, Drag L back towards right
<b>Restarts</b>	<b>Wall 1: Dance to Count 60 ** and restart at the 6 o'clock wall.</b> <b>Wall 3: Dance to Count 16 ## and restart at the 9 o'clock wall.</b>
<b>Finish</b>	<b>Wall 7: Dance to Count 40 and complete the following:</b> ¼ turn back on R to face the front dragging L back towards right to finish.

Please feel free to copy this sheet provided that no changes are made to the original script.

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