



Before He Cheats

Dancers

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|-------------------------|---|---------------|----------|
| Artist / Album / Music: | Carrie Underwood / Some Hearts / Before He Cheats | | |
| Choreographed: | Lu Olsen 10/2010 | | |
| 1 Tag: | 16 count intro: | | |
| 32 count | Level: Intermediate | 2 Wall dance, | Ver 2.00 |

1- 8 CROSS SAMBA ¼ TURN, SWEEP, FWD, ½ TURN, SIDE, SIDE ½ HINGE, SIDE, ½ HINGE, BACK, SIDE

| | | |
|----------|---|------|
| 1 & 2 | Cross R over L, 90° Right turn & Step L to Left, step R to Right, | 3.00 |
| 3, 4 & 5 | Sweep L over R, Step R fwd, 180° Right turn Step L Back, Step R to Right, | 9.00 |
| 6 & | Rock L to Left, 180° Left hinge & step R to Right, | |
| 7, 8 & | 180° left hinge and step L to Left, Rock R to Right, Step L beside R, | 9.00 |

9 – 16 SWEEP OVER, ¼ TURN LIFT/STEP OVER, CROSS, REPLACE, ¼ FWD-SIDE, BACK, REVERSE PIVOT, BACK, REVERSE PIVOT, BACK, TOGETHER

| | | |
|---------|---|-------|
| 1, 2, 3 | Sweep R over L, 90° Right turn and Lift/Step L over R, | 12.00 |
| 3 & 4 & | Cross R over L, Replace weight onto L, 90° right turn step R fwd, 90° Right turn step L to Left | |
| 5, | Step R back, | 6.00 |
| 6 & 7 & | Touch L toe back, 180° Left reverse pivot, Touch L toe back, 180° Left reverse pivot, | 6.00 |
| 8 & | Step L back, Step R beside L | |

17 – 24 LEFT LOCK FWD, ½ TURN STEP BACK, ROCK, BACK, FWD, ½ BACK – SHUFFLE FWD/DRAW, BACK, ¼ R TURN, FWD,

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|-----------|---|-------|
| 1 & 2 & 3 | Left Lock shuffle fwd stepping L, R, L, 180° Left turn and step R back, Rock L back | 12.00 |
| 4 & | Step R fwd, 180° Right turn step L back, | |
| 5 & 6 ** | Further 180° Right turn step R fwd, Step L beside R, Step R fwd & drag L ** | 12.00 |
| 7 & 8 | Step L back, 90° Right turn and Step R fwd, Step L fwd, | 3.00 |

25 –32 FWD, ½ PIVOT, ½ TURN STEP BACK, ¼ R TO RIGHT FWD, FWD TO DIAG/DRAW, BACK TO DIAG/DRAW, L COASTER, TOUCH TOE TOGETHER/CLICK

| | | |
|-------|---|------|
| 1 & 2 | Step R fwd, 180° Left pivot turn (wght on L), 180° Left turn and Step R Back, | 3.00 |
| 3 & 4 | Step L back, 90° Right turn and Step R fwd, Step L to L fwd diag & Drag R, | 6.00 |
| 5, | Step R back at R diag and drag L, | |
| 6 & 7 | (L Coaster) Step L back, Step R tog, Step L fwd, | |
| 8 | Touch R toe beside L and click R fingers to Right side | 6.00 |

Tag: At End of Wall 2 facing front wall

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|-------------|---|-------|
| 1 & 2, 3, 4 | Full fwd Right turn to Right stepping R, L, R, Step L to Left & drag R, Touch R beside L and click R fingers. | 12.00 |
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Last Wall: Dance to count 22 ** then step Left Fwd, Touch R beside L & click fingers to finish to the front