

# Beautiful - Lana

Start dance on vocals on 64 counts "Lana"

Music: "Lana" by Roy Orbison from Album: The Very Best Of Roy Orbison Length 2.17 itunes

Choreographed by Annemaree Sleeth (Aus) & Timothy To (Canada) March 2015

Beginner- Improver 32 Counts, 4 walls, 1 Tag, 1 Restart

(Feel free to move arms as you feel )

Make up fun 60 counts while the music is going (Running on the spot for the last 4-8 counts of intro feels good)

## **Sec 1 1 - 8 ½ CHARLESTON, L COASTER, OUT-SIDE, OUT-SIDE, R COASTER**

1- 2 Touch R forward . Step R back (swinging arms)

3 &4 Step L back, step R together, step L forward

5 - 6 Step R Out to side ,step L out to side (Rolling hips outward)

7& 8 Step R back, step L together, step R forward

## **SECT 2 9 - 16 STEP LOCK , SHUFFLE, ½ PIVOT , SIDE ROCK CROSS**

1 - 2 Step L forward, lock R behind L

3 &4 Step L forward, step R together, step L forward

5 - 6 Step R forward, pivot 1/2 Left (weight L)

*Tag & Restart here during wall 3 facing 12.00 add 4 hips sways , R, L , R, L*

7 &8 Step R side, recover L, Cross R over L (weight R) 6.00 wall

## **Sect 3 17 - 24 L KICK BALL CROSS , ROCK RECOVER, L JAZZ BOX, POINT**

1& 2 Kick forward L , step L next to R, cross R over L

3 - 4 Rock to L side , recover on R

5 - 6 Cross L over R, step R back (or option below)

7 - 8 Step L side, point R to R side

## **Sect 3 OPTION TOE STUTS ON A JAZZ BOX FORMATION**

5 & Cross L toe over R, drop L heel

6 & Step R toe back, drop R heel

7 & Step L toe side, drop L heel

8 Point R to R side

## **Sect 4 25 - 32 TOUCH HEEL FORWARD, TOUCH TOES BACK (swing arms)**

### **¼ R, POINT , WALK 2, L SHUFFLE FORWARD**

1- 2 Touch R heel forward, Touch R toes back

3 - 4 Step R forward turning ¼ R, Point L toe to L side ( 9.00)

5 - 6 Step L forward, step R forward

7& 8 Step L forward, step R together, step L forward.

## **Wall 3 Both Tag & Restart**

(facing 6.00) dance up to 14 counts (facing 12.00) add 4 sway, (R, L, R, L) Restart

**Wall 6** (facing 6.00) dance up to 24 counts (facing 12.00) add 4 steps to finish

## **Alternate Endings To Finish at Front add these steps**

1 - 4 Walk forward , R, L, R Point L side or

## **Touch Heel Forward, Touch Toes Back, & Shuffle Forward**

1 - 2 Touch R heel forward, Touch R toes back

3 &4 Step R forward, step L together, step R forward- R shuffle fwd.

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