



## BABY POM POMS

Choreographed by: **Wanda Heldt - Perth WA - December 2016**

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Music: **Pom Poms** by Jonas Brothers

Description: 64 Count - 2 Wall - Beginner Line dance.

**AA BB AA BB [Tag 1. 4 cts.] AA [ Tag 2. 8 cts.] BB**

*Demo the dance Pom Poms to my Seniors and they loved it..so I chor this for them and Beginners. It's all about keeping them on the floor and having FUN :-).*

### PART AA

- 1. RIGHT LOCK STEP, BRUSH, LEFT LOCK STEP, TOUCH**  
1-4 Step forward on Right, Step Left behind Right, Step forward on Right, Brush Left.  
5-8 Step forward on Left, Step Right behind Left, Step forward on Left, Touch.
- 2. BACK LOCK STEP, HOLD, BACK LOCK STEP, TOUCH**  
1-4 Step back on Right, Step Left across Right, Step back on Right, Hold. [or Shuffle back]  
5-8 Step back on Left, Step Right across Left, Step back on Left, Hold. [or Shuffle back]
- 3. RHUMBA BOX [Basic]**  
1-2 Step Right to Right side, Step Left next to Right.  
3-4 Step back on Right, hold  
5-6 Step Left to Left side, Step Right next to Left.  
7-8 Step forward on Left, hold. [Wt.on R]
- 4. STEP FORWARD, HOLD PIVOT 1/4 TURN LEFT, HOLD  
STEP FORWARD, HOLD PIVOT 1/4 TURN LEFT, HOLD**  
1-4 Step forward on Right, Hold, Pivot 1/4 turn Left, Hold. [Wt. on R] [9:00]  
5-8 Step forward on Right, Hold, Pivot 1/4 turn Left, Hold. [Wt. on R] [6:00]

### PART BB [Always facing 12:00]

- 1. RIGHT VINE, RIGHT & LEFT ARM OUT,**  
1-4 Step Right to Right, Step Left behind Right, Step Right to Right, Hold.  
5-8 Put both arms out side of body, [*slight knee bend*] Hold.
- 2. HIP BUMPS, SIDE, TOGETHER, SIDE, SLIDE**  
1-4 Hips Bumps L.R.L.R.  
5-8 Step Left to Left, Step Right next to Left, *Bigger step* Left, Slide Right next to Left.
- 3. SHIMMY TO THE RIGHT, SHIMMY TO THE LEFT**  
1-4 Step Right to Right, shimmy shoulders as you slide Left next Right.  
5-8 Step Left to Left, Shimmy shoulders as you slide Right next Left.
- 4. FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD TOUCH**  
1-2 Step Right to Right diagonal, Touch Left next to Right.  
3-4 Step Left back to Left diagonal, Touch Right next to Left.  
5-6 Step Right back to Right diagonal, Touch Left next to Right.  
7-8 Step Left to Left diagonal, Touch Right toe next to Left.

To make Part BB a 2 wall.. **S.4** Forward,Touch,1/4 turn L, Touch, Forward,Touch,1/4 turn L, Touch.

**Restart ...HAVE FUN IN LIFE & IN DANCE.**

### TAG 1 ROCKING CHAIR

- 1-4 Step forward on Right, Recover on Left, Step back on Right, Recover on Left.

### TAG 2. ROCK FORWARD, RECOVER, STEP HOLD for 4 Counts.

- 1-8 Rock forward on Right, Recover on Left, Step Right to Right [*Wt.on Left*] Hold.