

ALL DAY LONG

SONG: "ALL DAY LONG" by BILLY CURRINGTON.

ALBUM: "ENJOY YOURSELF"

ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.

CHOREOGRAPHER: GORDON ELLIOTT. Sydney NSW. AUSTRALIA. October 2015

Contact 02 9550 6789 Website www.dancewithgordon.com

This Video and others can also be viewed via my website

To view this dance by Gordon visit <https://www.youtube.com/watch?v=GfN9UFd9rnw>

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1, 2 3, 4 5 & 6 7 & 8	<p>TOUCH, ACROSS, TOUCH, ACROSS, COASTER STEP, SHUFFLE FORWARD</p> <p>TOUCH R TOE TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT, TOUCH L TOE TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, COASTER : STEP R BACK, STEP L TOGETHER, STEP R FORWARD, SHUFFLE FORWARD STEP : L-R-L.</p>
1, 2 3 & 4 5, 6 7&8 ##	<p>FORWARD, ROCK, 1/2 SHUFFLE FORWARD, PIVOT TURN, SIDE-ROCK-ACROSS</p> <p>STEP R FORWARD, ROCK BACK ONTO L, TURN 180° RIGHT SHUFFLE FORWARD STEP : R-L-R, PIVOT : STEP L FORWARD, TURN 180° RIGHT TAKE WEIGHT ONTO R, STEP L TO THE SIDE, SIDE ROCK ONTO R, STEP L ACROSS IN FRONT OF RIGHT.</p>
1, 2 & 3, 4 & 5 & 6 7, 8	<p>SIDE, BACK-ROCK-SIDE, BACK-ROCK- KICK BALL CROSS, SIDE, ROCK</p> <p>STEP R TO THE SIDE, STEP L BACK, ROCK FORWARD ONTO R, STEP L TO THE SIDE, STEP R BACK, ROCK FORWARD ONTO L, KICK R FORWARD AT 45° RIGHT, STEP R BACK, STEP L ACROSS IN FRONT OF R, STEP R TO THE SIDE, SIDE ROCK ONTO L</p>
1 & 2 3 & 4 5, 6 7, 8	<p>SAILOR STEP, 1/4 TURN SAILOR FORWARD, ROCK, 1/2 FORWARD, FORWARD</p> <p>SAILOR : STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R TO THE SIDE, SAILOR STEP TURNING 90° LEFT STEP : L-R-L, STEP R FORWARD, ROCK BACK ONTO L, TURN 180° RIGHT STEP R FORWARD, STEP L FORWARD.</p>
32	REPEAT THE DANCE IN NEW DIRECTION
	RESTART : On WALL 3 & WALL 7 dance to BEAT 16 (##) & RESTART to the 6.00 & 3.00 respectively.