

Afraid To Lose

Count: 32

Wall: 4

Level: High Intermediate

Choreographer: Hiroko Carlsson (Grafton, Australia) November 2024

Music: "Afraid To Lose" by Brad Tursi- Available on Spotify/YouTube Music/Deezer/Apple Music

Please feel free to contact me if you need any further information.

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(Intro: 16 counts)

[S1] Kick, Cross Touch, Split, Jumo Together, Kick, Cross Hook, Split, Jumo Together, Rocking Chair, Kick-Ball-Heel Toe Split-&

1&2& Kick forward on R, Touch/cross R toes over L, Split jump to open foot position, Jump back to close position

3&4& Kick forward on L, Touch/cross L toes over R, Split jump to open foot position, Jump back to close position weight ends on L

5&6& Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

7&8& Kick forward on R, Ball step R in place, Vertical split-L heel forward and R toes back, Step L to the centre

[S2] Heel Grind 1/4R Turn-Back Rock, Triple 1/2R Turn, 2x Heel Grind 1/4L Turn

1&2& Step R heel forward grind/turning ¼ right (3:00), Step back on L, Rock back on R, Replace weight on L

3&4 Triple step ½ turn right on R-L-R (9:00)

5&6& Step L heel forward grind/turning ¼ left (6:00), Step back on R, Rock back on L, Replace weight on R

7&8& Step L heel forward grind/turning ¼ left (3:00), Step back on R, Rock back on L, Replace weight on R

[S3] Heel Grind 1/4L Turn, Back Rock, Step-Pivot 1/2R-Fwd, 2x Step-Pivot 1/2L, 1/4L Side Rock Turn-Cross

1&2& Step L heel forward grind/turning ¼ left (12:00), Step back on R, Rock back on L, Replace weight on R

3&4 Step forward on L, Make a ½ turn right recover weight on R (6:00), Step forward on L
-Restart here on Wall 5

5&6& Step forward on R, Make a ½ turn left recover weight on L (12:00), Step forward on R, Make a ½ turn left recover weight on L (6:00)

7&8 Making a ¼ turn left rock R to the side (3:00), Replace weight on L, Cross R over L

[S4] Side-Behind-1/4L-1/4L-Behind-Side-Cross-Side Rock-Cross-Reverse Side Roll R into Side Shuffle

1&2& Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to the side (9:00)

3&4 Step L behind R, Step R to the side, Cross L over R

&5& Rock R to the side, Replace weight on L, Cross R over L

6& Make a ¼ turn right stepping back on L (12:00), Make a ½ turn right stepping forward on R (6:00)

7&8 Make a further ¼ turn right step L to the side (9:00), Close R next to L, Step L to the side

Restart on Wall 5 count 20 (6:00)

Ending Suggestion: The last wall starts facing 3:00. Dance up to Section 5, count 2& (3:00). Add an extra heel grind with a ¼ turn left to face the front wall.

(updated: 5/Nov/24)