AB SAILOR

COUNT: 32 WALL: 1 or 4 LEVEL: Absolute Beginner **CHOREOGRAPHER**: Debra Ciavarella, Melb., Victoria, AUS. (12 Apr 2018) MUSIC: Sailor by Petula Clark (Album: The Hits of 1961) (99 bpm) Available iTunes **INTRO:** 16 Counts in on Vocals, Music: 2:59 min Feet Together Weight on Right, No Tags or Restarts (Ending if 4 wall) SEC. 1 L SAILOR, R SIDE ROCK RECOVER, R SAILOR, L SIDE ROCK RECOVER. 1&2 L Behind R, R to the Side, L Beside R, 3-4 R Rock to R Side, Recover on L, 5&6 R Behind L, L to the Side, R Beside L, 7-8 L Rock to L Side, Recover on R. **Option: To make it a 4 Wall Dance:** R Behind L ¼ Turn R, L to the Side, R Beside L. 5&6 **(3)** SEC. 2 L HEEL HOOK, HEEL TOGETHER, R HEEL HOOK, HEEL TOGETHER. L Heel Forward at 45 L, Hook L Heel Across R, 1-2 L Heel Forward at 45 L, Step Together, 3-4 5-6 R Heel Forward at 45 R, Hook R Heel Across L, 7-8 R Heel Forward at 45 R, Step Together. SEC. 3 L SIDE ROCK RECOVER, L SAILOR, R SIDE ROCK RECOVER, R SAILOR. 1-2 L Rock to L Side, Recover on R, 3&4 L Behind R, R to the Side, L Beside R, 5-6 R Rock to R Side, Recover on L, 7&8 R Behind L, L to the Side, R Beside L. SEC. 4 LEFT ROCKING CHAIR, LEFT V STEP. 1-2 L Forward Rock, Rock Back on R, 3-4 L Back Rock, Rock Forward on R, Step L Forward, Step R next to L Shoulders Width Apart, 5-6 Step Back on L, Step R Together, Weight on Right.** 7-8

**ENDING FOR 4 WALL ONLY: Repeat SEC. 1 Steps 1 to 8. You will be facing the front.

Can be used as a split floor to my other Improver Level Dance: Marcia's Sailor.

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