

Dance: A Better Day

Level: Beginner

Count: 32

Walls: 2

Choreographer: Dianne Borg & Matt Coleman

Choreographed: April 2022

Song: Better Days by NEIKED, Mea Muller & Polo G

16 count Intro

No Tags. No restarts.

Section 1: Side Touch, Left Shuffle, Vine Right with a touch.

1,2 Step RF to R side, Touch LF next to RF

3&4 Step LF to L side, Step RF next to LF, Step LF to L side

5-8 Step RF to R side, Step LF behind RF, Step RF to R side, Touch LF next to RF

Section 2: Forward, Tap Behind, Back Touch, Grapevine Quarter Touch.

1,2 Step LF forward, Tap R Toe behind LF

3,4 Step RF back, Touch LF next to RF.

5-8 Step LF to L side, Step RF behind LF, Turn ¼ left (to 9:00) and step forward with the LF, Touch RF next to LF

Section 3: Point Front, Point Side, Right Coaster, Point Front, Point Side, Left Coaster.

1,2 Point R toe to front, Point R toe to R side

3&4 Step RF back, Step LF next to RF, Step RF forward

5,6 Point L toe to front, Point L toe to L side

7&8 Step LF back, Step RF next to LF, Step LF forward

Section 4: Right Touch, Shuffle Quarter Left. Walk, Walk, Out, Out.

1,2 Step RF to R Side, Touch LF next to RF

3&4 Step LF to L side turning 1/8th left (to 7:30), Step RF next to LF,
Step LF to L side turning 1/8th left (to 6:00)

5,6 Walk RF forward, Walk LF forward

7,8 Step RF out to R diag., Step LF out to L diag.

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