



Dancers

Lu Olsen: 03 9735 1219 (h), Mob: 0438 735 122 Email: luolsen@bigpond.net.au

Marcia Langton: 03 9725 4604 , Mob: 0417 152 297 Email: langtonmarcia@yahoo.com.au

Artist / Music:	Bomshel / 19 and Crazy - available on itunes		
Choreographed:	Lu Olsen / Marcia Langton	September 2012	1 short wall
80 count Level:	Intermediate	32 count intro – Start on Vocals	2 Wall dance, Ver 2.01

1 – 8	Side, Cross, Side, Replace, Cross shuffle, ½ turn, (Counts 1 – 6 moves slightly fwd)	
1, 2, 3, 4	Step R to Right, Cross L over R, Step R to R, Replace L in place,	
5 & 6	Cross shuffle R over L stepping R, L, R,	
7, 8	¼ Right turn & step L back, ¼ Right turn & step R beside L	6.00
9 - 16	Side, Cross, Side, Replace, Cross shuffle, ¼ turn, (Counts 9 – 14 moves slightly fwd)	
1, 2, 3, 4	Step L to Left, Cross R over L, Step L to Left, Replace R in place,	
5 & 6	Cross shuffle L over R Stepping L, R, L,	
7, 8	¼ Left turn & step R back, Step L to Left	3.00
17 – 24	R Cross samba, L Cross Samba, Cross, Replace, ¼ turning sailor	
1 & 2	Step R across in front of L, Step L to side, Step R to Side	
3 & 4	Step L across in front of R, Step R to side, Step L to Side,	
5, 6	Cross R over L, Replace onto L,	
7 & 8	¼ Right turning R sailor (R, L, R)	6.00
25 – 32	Fwd, Twist, Twist, Fwd, Twist Twist, Fwd, ½ turn, Fwd	
1, 2, 3, 4	Step L fwd, Twist both heels to Left, Twist both heels to centre, Step R fwd,	
5, 6,	Twist both heels to Right, Twist both heels to centre,	
7, ** 8	Step L fwd, ** ½ Right turn & step R fwd,	12.00
33 – 40	Side, kick fwd diag, Behind, Side, Cross, Side, Kick fwd diag, Behind, Side, Touch	
1, 2 & 3, 4	Step L to Left, Kick R at fwd 45, Step R behind L, Step L to Left, Cross R over L,	
5, 6 & 7, 8	Step L to Left, Kick R at fwd 45, Step R behind L, Step L to Left, Touch R beside L,	
41 – 48	Side, Rock, ½ R turning sailor cross, ½ L turn, ¼ L side, L Sailor	
1, 2,	Step R to right, Rock L to Left,	
3 & 4	½ Right turning Right Sailor cross (R, L, R)	6.00
5, 6,	½ Left turn & L in place, ¼ Left turn & step R to Right,	9.00
7 & 8	(Left sailor) Step L behind R, Step R to Side, Step L to side,	
49 – 56	Fwd, Back, ½ turning shuffle fwd, Toe Strut ½ turn, ½ turn shuffle fwd	
1, 2,	Step R fwd, Step back on L,	
3 & 4	½ Right turn & shuffle fwd stepping R, L, R,	
5, 6,	L toe fwd, ½ Right pivot turn dropping L heel,	
7 & 8	½ Right turn & shuffle fwd stepping R, L, R	3.00
57 – 64	Fwd, Touch beside, Back diag, Cross, Back Diag, Back Diag, Cross, Back tog	
1, 2, 3, 4	Step L fwd, Touch R beside L, Step R back at Right 45, Cross L over R,	
5, 6, 7, 8,	Step R back at Right 45, Step L back at Left 45, Cross R over L, Step L beside R,	
65 – 72	Side, Replace, ½ hinge, Side shuffle, Cross shuffle, ¼ turn Back, Back,	
1, 2 & 3 & 4	Step R to Right, Replace onto L, ½ Right hinge, Side shuffle to Right (R, L, R)	9.00
5 & 6	Cross Shuffle L over R stepping L, R, L	
7, 8	¼ Left turn & step R back, Step L back	6.00
73 – 80	Fwd, ½ turn back, ½ turn shuffle, Fwd, Back, Coaster Cross	
1, 2	Step R fwd, ½ Right turn & step L back,	
3 & 4	½ Right turning shuffle fwd stepping R, L, R,	
5, 6,	Step L fwd, Rock R back	
7 & 8	(L Coaster Cross) Step L back, Step R beside L, Cross L over R	6.00

** Wall 5: (front) dance to count 31 ** add (no turn) Touch R beside L – Re-start Wall 6 to back (6.00)
 Last Wall 7 – Dance to count 32 then to finish dance - Step L fwd, hold (12.00)